

MAS



Opt IN to better aging!

"A great day for me means spending time playing the piano."

You'll discover the keys to direct your own journey!

If you were no longer able to care for yourself, what would really matter to you? What brings joy and quality to your life?

Options for Better Aging, a new program offered through the MAS Resource Center, helps you discover, record and communicate all the things that are important to you!

To learn more, call the Resource Center at Missoula Aging Services or visit our website.

(406) 728-7682

Through Options for Better Aging, you will learn about and receive:

- Information, assistance and choices that will help support your vision
- The keys to help direct your own journey
- Services to meet your unique needs

The process is affordable through a sliding fee scale. Make an appointment to get started--it's as easy as emailing:

options@missoulaagingservices.org

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