STATE OF MONTANA

Department of Public Health and Human Services/Senior & Long-Term Care Division/Aging Services

2021 SENIOR FARMERS' MARKET NUTRITION PROGRAM APPLICATION

Name of Applic	cant					
Address	Email:					
City		State	_ Zip	County		
Phone	Number in Household					
Age		Birthdate				
		e or older and mee not affect eligibility		_	ELOW to participate. as SNAP.	
*List All Other Household Members			А	ge	Date of Birth	
ETHNICITY:	□ Hispanic/La	tino □ Not-His	spanic/Latin	O **(select only	one)	
☐ Native Hawa (We ask your help in	aiian or Other I	merican/Alaska Na Pacific Islander ** is information. This helps tion does not effect your	(select all that a	apply) e meeting the guid	delines for USDA funding and	
2021	FEDERAL INC	OME GUIDELINES	S FOR SFMI	NP PARTICIP	ATION (185% FPL)	
# of people in ho	<mark>ousehold</mark>	Maximum ANNUAL income		Maximum MONTHLY income		
1		\$23,828		\$1,986		
2		\$32,227		\$2,686		
3		\$40,626		\$3,386		
4		\$49,025		\$4,086		
5		\$57 424		\$4,786		
For each addition	onal person in th	e household, add S	\$8,399 to the	ANNUAL inc	come total (700 monthly)	
HOUSEHOLD	INCOME:			A	How Often	

Indicate source and amount of current (last month's) income before deductions, such as taxes and Social Security.

If last month's income is not representative, please project your annual income. "Other" income includes income from trusts, contributions from relatives, etc. Food stamps do not count as income.

	Amount	How Often Received: mo/yr?
Social Security		
Disability Benefits		
Pension/Retirement		
Employment		
Self-Employment		
Other (Specify)		
Total Household Income		

	Box for Distribution Agency Only ELIGIBLE FOR SFMNP, STATE REASON □ Un	ider 60 years of age. □ Over income				
		del 60 years of age				
□ *Ot	her					
	*The applicant has been provided with information	on about appealing the determination				
	IMPORTANT / ATTI	ENTION				
Only	y you or your designated proxy (relative, friend, cares	• • • • • • • • • • • • • • • • • • •				
	If you cannot pick up your coupons, you MUST include the name below of someone who can.					
	Coupons will not be sent to eligible clie	ents through the mail.				
If for any	reason you cannot personally get to the market,	you can appoint a <mark>proxy</mark> to shop for you.				
I hereby	authorize the following individual to act as my pro	oxy for all SFMNP activities:				
	NAME I BUONE OF BROWN	DEL ATIONOLUB				
	NAME and PHONE OF PROXY	RELATIONSHIP				
	Participant Certification	<mark>ation</mark>				
that the in knowledge assistance making a facts may	een advised of my rights and obligations under the information I have provided for my eligibility deterrige. This certification form is being submitted in conce. Program officials may verify information on the false or misleading statement or intentionally misty result in paying the State agency, in cash, the volument of the concept of the may subject me to civil or criminal prosecution of the may subject me to civil or criminal prosecution of the concept of the may subject me to civil or criminal prosecution of the may subject me to civil or criminal prosecution of the may subject me to civil or criminal prosecution of the may subject me to civil or criminal prosecution of the may subject me to civil or criminal prosecution of the may subject me to civil or criminal prosecution of the may subject me to civil or criminal prosecution of the may subject me to civil or criminal prosecution of the may subject me to civil or criminal prosecution of the may subject me to civil or criminal prosecution of the may subject me to civil or criminal prosecution of the may subject me to civil or criminal prosecution of the may subject me to civil or criminal prosecution of the may subject me to civil or criminal prosecution of the may subject me to civil or criminal prosecution of the may subject me to civil or criminal prosecution of the may subject me to civil or criminal prosecution of the may subject me to civil or criminal prosecution or criminal prosecut	mination is correct, to the best of my onnection with the receipt of Federal is form. I understand that intentionally srepresenting, concealing, or withholding alue of the food benefits improperly issued				
color, nat local age	Is for eligibility and participation in the SFMNP are tional origin, age, disability, or sex. I understand ency regarding my eligibility for the SFMNP. You 2 for help.	that I may appeal any decision made by the				
I have re	ad and understand these rights and responsibilition	es of the SFMNP.				
	SIGNATURE	DATE				
*Return	completed application to MAS, 337 Stephe					
I	have received nutrition education materia	ls: 🛘 Yes 🗘 No				
***	**Coupons are only valid from June 1, 2021 to	October 21 2021				

If coupons are unavailable when you apply, you will be placed on a waiting list. If more coupons become available, they will be issued based on date of application.

(Revised 3/17/21)

SENIOR FARMERS' MARKET PROGRAM GUIDELINES (THIS HANDOUT IS PROVIDED TO THE APPLICANT)

The Senior Farmers' Market Nutrition Program (SFMNP) is funded through a grant from the US Department of Agriculture (USDA). It allows senior citizens to purchase fresh locally grown vegetables, fruits and herbs.

- Your coupons can only be used at vendors displaying the Farmers' Market signs with the logo pictured at the right.
- Coupons are good only for the Farmers' Market in the county they are issued. Do not redeem them at markets outside your county. NOTE: Coupons will expire October 31, 2021
- You cannot sign up and receive coupons at more than one market/program site. Dual participation is illegal and in violation of 249.6(d)(1)
- You can buy up to \$2.00 worth of fresh fruits, vegetables, herbs, and pure honey with each coupon. <u>USDA regulations prohibit the use of coupons for anything other than in state fruits, vegetables, herbs, and pure honey. See reverse side for list.</u>
- No change can be given if your purchase is less than \$2.00.
- Coupons cannot be used at grocery stores, only at your local farmer's market or approved farm stands (designated by SFMNP poster displayed)
- You can supplement your purchases with your own cash if you wish.
- Lost or stolen coupons cannot be replaced.
- You can designate another person (a proxy) to buy food for you at the time of application and by writing the proxy's name on the front of your coupon book.
- Coupon book covers cannot be redeemed for food, only the 5 numbered coupons.
- Participants cannot share SFMNP food with non-participants.
- If you have any questions, problems or other complaints about this Program, contact the State Aging Office toll free at 1-800-332-2272.
- If your application is approved, the local agency will make nutrition education available to you and you are encouraged to participate.

USDA NONDISCRIMINATION STATEMENT

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) Mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410;

(2) Fax: (202) 690-7442; or

(3) Email: program.intake@usda.gov.

This institution is an equal opportunity provider.



(This handout is provided to the applicant) LIST OF ELIGIBLE FOODS FOR FARMERS' MARKET NUTRITION PROGRAMS

FRESH VEGETABLES (In state grown only)

Asparagus Artichokes Beans, green, long or waxed

BeetsBroccoliBrussels SproutsCabbageCarrotsCauliflowerCeleryChinese CabbageCollard Greens

Corn Cucumbers Eggplant Kale Kohlrabi Leeks

Lettuce/Tender Greens Mushrooms Mustard Greens

Okra Onions Parsnips
Peas Peppers Potatoes
Pumpkins Radishes/Horseradishes Rhubarb
Rutabagas Spinach Squash

Sweet potatoes Swiss Chard Tomatoes/Tomatillos

Turnips/Turnip Greens Watercress Zucchini

FRESH FRUITS (only fruits produced in MT are eligible for coupon exchange)

Apples *Apricots (in state only) Blackberries
Blueberries Cantaloupe Casaba Melons

Cherries Chokecherries Currants

Gooseberries Grapes Honey Dew Melons
Huckleberries *Nectarines (in state only) *Peaches (in state only)

*Pears (in state only) Plums Raspberries

Strawberries Watermelons

FRESH HERBS

Cut fresh herbs only, no chopped, processed, packaged herbs

BasilChivesCilantroDillFennelGarlicMarjoramOreganoParsleyPeppermintRosemarySavorySageShallotsSpearmint

Tarragon Thyme

PURE HONEY PRODUCED IN MONTANA

ITEMS THAT CANNOT BE PURCHASED WITH COUPONS

USDA only allows fresh produce to be purchased through this grant. Processed produce, non-produce, or non-foods items are **prohibited**, including but not limited to:

Baked Goods Cheese Crafts

Dried fruit Eggs Flavored honeys

Jams / Jellies Juices Meat / Chicken / Fish / Seafood

Nuts / Seeds Plants (Flowers, Herb, Vegetable)

ANY ITEM NOT PRODUCED IN MONTANA