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**Missoula Aging Services Community Lunch Intake** New

Date: **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** Site:\_**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** Annual Update

***Completion of this form does not equate to eligibility.*** *The data collected on this form supplies funding for aging programs in Montana communities. Information will be kept confidential, and you will receive services regardless of your answers.*

First Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Last Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_DOB: \_\_\_/\_\_\_/\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_\_\_\_

Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 **Emergency Contact:**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Relationship: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |
| --- | --- | --- | --- |
| **Race: (Can choose more than one)*** American Indian/Alaska Native
* Asian/Asian American
* Black/African Amer.
* Native Hawaiian / Pacific Islander
* White
* Other \_\_\_\_\_\_\_\_\_\_\_\_

**Veteran:*** Yes
* No
 | ☐ M ☐ F ☐ Other**Ethnicity:*** Hispanic or Latino
* Not Hispanic or Latino

**Marital Status:*** Married
* Divorced/

 Separated* Single
* Widowed
 |  **I am socially isolated.****I am under 60 but believe I may be eligible for lunch because (check all that apply):*** My spouse is over age 60.
* I am the primary caregiver

 for a person over age 60. * I am disabled and living

 with a person over age 60. | **Income Level:*** At or below poverty
* Above poverty

***Thank you for participating. Participants will be asked to make voluntary contributions towards the cost of the meal. Please check with your site for the suggested amount.*** |

|  |  |
| --- | --- |
| **Activities of Daily Living***I sometimes need help with the following*:☐ Eating ☐ Dressing ☐ Transferring☐ Bathing ☐ Walking ☐ Toileting ☐ None | **Instrumental Activities of Daily Living***I sometimes need help with the following:*☐ Meal prep ☐ Phone use ☐ Money Management ☐ Shopping☐ Transportation ☐ Medication Management ☐ Housework ☐ None |

**Nutrition Risk Assessment**

|  |  |  |
| --- | --- | --- |
|  | **Yes** | **No** |
| I have an illness/condition that affects the kind and/or amount of food I eat |  |  |
| I eat less than 2 meals per day |  |  |
| I eat less than 3 fruits and vegetables a day |  |  |
| I consume few dairy products (such as milk, yogurt, cheese) a day |  |  |
| I drink less than 5 cups of fluids (such as water, juice, tea) a day |  |  |
| I have 3 or more drinks of beer, wine, or liquor almost every day |  |  |
| I have teeth or mouth problems that make it hard for me to eat |  |  |
| I don’t always have enough money to buy the food I need |  |  |
| I eat alone most of the time |  |  |
| I take 3 or more different prescribed or over-the-counter drugs a day |  |  |
| Without wanting to, I have lost or gained 10 pounds in the last 6 months |  |  |
| I am not always physically able to shop, cook and/or feed myself |  |  |

(Office Use Only) Data Entry Completed: Capstone ServTracker/CXM