

MAS

MISSOULA
aging
SERVICES

Mission

Missoula Aging Services promotes the independence, dignity and health of older adults and those who care for them.



“MAS was there for me at an unbearable time in my life and gave me support, friendship and a reason to get up everyday.”

-- MAS Volunteer

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Missoula, MT 59801

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MISSOULAAGINGSERVICES.ORG

PROGRAMS & SERVICES

fast facts

FISCAL YEAR 2019

Adult Services & Resources

MAS is an Aging and Disability Resource Center plus much more. Older adults, their families and caregivers are empowered through volunteer opportunities, services and education to continue to live independently at home for as long as possible.

15,305 client interactions in Missoula County in FY 2019.

The Community Lunch Program serves Missoula County residents who receive meals and education at sites in the following communities: Missoula, Bonner, Seeley Lake, Lolo and Condon.

41,265 community lunches were served last year.

Family Caregiver Support assists family members or others who provide unpaid in-home or distance care to older adults. Certified resource specialists help caregivers access services and can connect long-distance caregivers to services in communities across the country. A monthly support group for caregivers and semi-annual training titled “Powerful Tools for Caregivers” are offered by trained facilitators.

12,386 hours of Respite and Homemaking were provided to 215 clients.

Meals on Wheels serves housebound older adults and people with disabilities in Missoula County. Rural sites include Condon and Seeley Lake. Liquid Nutrition (Ensure®) is provided at cost.

101,620 meals, including Ensure®, were provided by 70 volunteers to 823 housebound individuals.

The Ombudsman Program provides certified local ombudsmen who work to protect the rights of people living in assisted living and nursing homes. They help residents understand and exercise their right to good care. Ombudsmen are impartial mediators who investigate resident concerns and may provide information, suggest solutions and advocate for change on behalf of residents.

Ombudsmen made 1,533 visits to residents in nursing homes and assisted living facilities.

The Resource Center provides referrals, information and assistance for older adults and their caregivers, including adult children seeking referrals to services locally or from a distance. A database of over 800 resources is continually updated. Free packets are available on topics such as long-term care, estate planning, Medicare and Medicaid. A lender's library is available, plus free access to the internet.

\$531,285 was saved on Medicare prescription drug plans, homeowner / renter tax credits and Medicare Savings Plans, through staff consultations.

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2019 FISCAL YEAR

"Thank you for providing me meals. They taste wonderful and provide me with excellent nutrition that I would not be getting on my own. I appreciate the service."

-- MOW recipient



Susan Kohler,
Chief Executive
Officer



For information, assistance & referrals, call (406) 728-7682

The Farmers' Market Coupon Program provides older adults who meet income guidelines with vouchers to purchase fresh, locally grown fruit and vegetables at local markets.

501 older adults were served through the program.

Montana SMP (Senior Medicare Patrol) is a statewide program that engages trained volunteers to help reduce Medicare and Medicaid waste, fraud and abuse.

15,460 Medicare beneficiaries were educated and assisted by Montana SMP.

Transportation Options Missoula Aging Services actively works on solutions to transportation issues. Assistance includes a partnership with the city bus system to support Paratransit, Senior Van and "zero-fare" free service on behalf of older adults. MAS Senior Companions and Caring Companions also help with transportation needs.

41,918 rides for older adults and people with disabilities were provided last fiscal year.

Senior Corps

Foster Grandparent volunteers provide special care, attention and academic guidance to at-risk children of all ages in 20 Missoula County schools, agencies and pre-schools.

44 Foster Grandparents provided 33,607 hours of mentoring to 261 children with disabilities, troubled teens or children suffering from abuse and neglect.

Senior Companions assist older adults and people with disabilities with daily tasks such as grocery shopping, arranging transportation and socialization for isolated individuals. These friendships often make the difference between living at home and moving to a nursing home prematurely.

39 Senior Companions gave 29,343 hours serving 169 clients.

Both Foster Grandparent and Senior Companion volunteers must meet income guidelines to receive a tax-free stipend in return for 15-40 hours of volunteer service each week.

RSVP (volunteer program) members use their wisdom and experience to help address critical needs in their community.

381 volunteers were recruited and served 33,588 hours with 58 local, public, nonprofit, private and government agencies.

**Total Served by MAS in fiscal
year 2019 - 30,765**

EST. 1982

MISSOULA aging SERVICES

WE'RE PROUD of OUR YEARS

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